



ASM Sports (UK) Limited | Medication Policy and Parental Consent | September 2026

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Signature of Policy/Procedure Leader	Signature of Managing Director	
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Registration No: 07376198 **VAT No:** 159838063



Medication Policy and Parental Consent

In accordance with the Health and Safety at Work etc. Act 1974, the Children Act 1989, the Children Act 2004, the Misuse of Drugs Act 1971, the Medicines Act 1968, and guidance issued by the Department for Education relating to supporting children with medical conditions, the Club sets out the following policy regarding medication.

ASM Sports will follow current Department for Education guidance on supporting children with medical conditions and current allergy-safety guidance where applicable to school-based delivery. The host school's medical conditions, allergy and Individual Healthcare Plan arrangements must be followed.

2026 Medical & Allergy Update

1. General Principles

- The Club does not provide medical services and staff are not medically trained unless explicitly stated.
- The Club is unable to dispense or prescribe medication.
- Medication will only be administered where absolutely necessary and where full written parental consent has been provided in advance.
- The Club accepts no responsibility for the diagnosis of conditions or for determining medication requirements.

2. Controlled Drugs

Under the Misuse of Drugs Act 1971, certain medications are classified as controlled substances. These include, but are not limited to:

- Ritalin (Methylphenidate)
- Concerta
- Dexedrine (Dextroamphetamine)
- Adderall
- Metadate
- Methylin





Controlled medicines must be managed safely and in accordance with the agreed medication plan. A child may self-administer where this has been agreed as safe and appropriate and recorded in the relevant consent/healthcare arrangements. If your child requires a controlled medication during Club hours:

- You must notify the Head Office in advance.
- A specific written agreement and risk assessment must be completed.
- Medication must be handed directly to an authorised member of staff.
- Medication will be stored securely in accordance with statutory requirements.

The Club reserves the right to refuse to administer controlled medication if safe procedures cannot be assured.

3. Self-Administration of Medication

Where a child is considered competent to self-administer medication:

- A Medication Consent Form must be fully completed and signed by a parent or legal guardian.
- Written confirmation from the prescribing clinician may be required.
- A separate form must be completed for each medication.
- The Club accepts no liability for any adverse outcomes arising from self-administration.
- Children must not share medication with any other participant.

4. Non-Prescription (Over-the-Counter) Medication

The Club will not supply any over-the-counter (OTC) medication.

If you wish your child to receive OTC medication (e.g., paracetamol, ibuprofen, antihistamines, antacids, throat lozenges):

- Written parental consent must be provided in advance.
- The medication must be supplied by the parent in its original packaging.
- The medication must be clearly labelled with the child's name and dosage instructions.
- The medication will be stored in a locked cupboard.
- Staff will administer medication strictly in accordance with the written instructions provided.

Without a completed and signed consent form, no OTC medication will be administered.





5. Storage and Record Keeping

All medication will be stored securely, and access will be restricted to authorised staff only. A written record will be kept of all medication administered. Medication not collected at the end of a programme period may be safely disposed of.

6. Limitation of Liability

By signing the Medication Consent Form, parents/legal guardians:

- Confirm that the information provided is accurate and complete.
- Confirm that the medication has been prescribed appropriately or supplied lawfully.
- Accept that the Club and its staff act in good faith and in accordance with the information provided.
- Agree that, except in cases of proven negligence, the Club shall not be held liable for any loss, injury, adverse reaction, or complication arising from the administration or self-administration of medication.

Is Your Child Capable of Self-Medication?	Yes	No
Name And Strength of Medication		
Expiration Of Medication Order		
Dosage of Medication Required Whilst with ASM Sports		
Time Medication Is Taken		
Physician's Diagnosis		
Physician's Name		
Physician's Details > Name/Address/Number		
This page will serve as the form for parental and medical approval.		



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Signed (Parent)	
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NB: ASM Sports reserves the right to refuse to administer medication where it reasonably believes that doing so would pose a risk to the child, other participants, or staff.

Emergency Medication & Allergy Safety

- Staff must know the location of emergency medication and follow the child's agreed healthcare/allergy plan where relevant.
- Medication must never be shared between children, and concerns, errors or adverse incidents must be reported and recorded immediately.



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